

Cleethorpes & District Swimming Swimmers Club Code of Conduct

General Behaviour.

1 Treat all members of the club with due respect including:

Fellow swimmers, Coaches and Officials

Behaviour and personal conduct must at all times be of a high standard and language used must always be appropriate and socially acceptable.

2 Treat all competitors and representatives from competing clubs with due respect.

3 The use of inappropriate or abusive language, bullying, harassment, discrimination or physical violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.

Training

1 Arrive 5 minutes prior to session start time or as directed by your coach.

2 Have all your equipment with you i.e. hats, goggles etc

3 Use the lavatory before training begins and always speak to the coach if you need to leave the pool during a session.

4 Listen to what your coach/helpers are telling you. Look at them when they are talking to you.

5 Always swim to the wall as you do in a race.

6 Do not stop and stand in the lane, you may get injured and/or cause obstruction.

7 Do not pull on the ropes.

8 Do not pull on other swimmers feet or swim over them. Respect other swimmers space. If another swimmer is blocking you then speak to the coach.

Competition

1 You must only enter events selected by the club.

2 At open meets ensure you have sufficient drinks/food with you on poolside.

3 Warm up prior and swim down following a race as instructed by the coach. Do not play, stop in the middle of the lane or mess about.

4 Be part of the team. Stay with the team on poolside. If you have to leave for any reason you must tell the Coach/Team Manager.

5 Listen for your race to be announced. Then report to the Coach or Team Manager prior to going to the marshalling area before your race. Take your hats/goggles/drink with you.

6 Support your team mates.

7 You must always wear club t-shirts and hats.

8 After your race report back to your coach for feedback.

9 Ensure the Team Manager is aware of any health difficulties/medication being taken or anything else that might cause you some concern.

Sanctions

Breaches of the code shall be dealt with by the Team Manager/Coach in the first instance. They shall report the incident to the club secretary who shall take further action as appropriate.

In addition it is expected that all members of Cleethorpes & District Swimming Club, when attending any event or training session shall:

- Comply with the codes, rules and laws within the guidelines set out by the ASA
- Behave without discrimination on the grounds of sex, race, colour, language, religion, birth or social status as set out in the equal opportunities policy.
- Respect the basic human rights, worth and dignity of each member.
- Not encourage swimmers, volunteers, officials or parents to violate the rules of the club or the sport.
- Observe the authority and the decisions of all officials.
- Encourage all swimmers to obey the spirit of the rules and laws both in and out of the pool.
- Treat other competitors and teams with respect, in victory and defeat.

Please return reply slip to your squad coach or committee member for forwarding to Welfare Officer